

**SAVI Advocate Training
Forced Choices Exercise**

There is no middle ground

- 1. I will be reading 2 choices.**
- 2. If you pick A, move to that side of the room.**
- 3. If you pick B, move to the other side of the room.**
- 4. I am the only one allowed to remain in the middle.**
- 5. After everyone had made a choice, we will discuss the choice and the reasons behind the choice.**

After each selection, ask for volunteers to answer some of the following questions:

Why did you choose the letter you chose?

What kinds of things influenced your choice?

Did anyone want to change a selection after listening to other's explanations?

A

You want to be a hammer

You want to live alone all of your life.

You want to choose your life partner at age 18.

You want to be sterilized.

All teenagers have sex.

You will have sex with people you don't know.

You will be a parent at age 16.

You will be the victim of incest.

B

You want to be a nail

You want to live in a commune.

You want to remain single for life.

You want no birth control.

No teenagers have sex.

You will have no sex.

You will have no children.

You will be the victim of rape.

Lead a discussion using the following questions. Ask follow up questions to get to why decisions were made.

- 1. How did it feel to have only two choices?**
- 2. Were you surprised at some of the choices you made? Ask for volunteers to give examples.**
- 3. Does sexuality have a greater importance to you now?**
- 4. Have you been able to listen to others' reasons without judging them?**
- 5. How does it feel to have your choices so limited?**
- 6. What kind of circumstances can limit our choices?**
- 7. How comfortable would it have been to be able to select the middle ground?**
- 8. Did you want qualifiers on the choices?**